

Lopsided Living: What the Bible REALLY Says about Balance

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What if focusing on balance is actually the very thing keeping us from experiencing the abundant life God has for us?

Lopsided Living - the purposeful pursuit of an unbalanced life

Purposeful

Pursuit

Unbalanced

- What tasks did you perform yesterday?
- With whom did you interact?

Life

The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly. John 10:10

How do we experience the full life Jesus offers? How do we put this into practice?

The Proverbs 31 Woman - not a daily checklist but rather a portrait of a life well-lived

Ruth was a real woman faced with unbearable loss who chose _____ over hopelessness.
Hayil - noble, virtuous, excellent, capable

Three Traits of a Virtuous Woman (Proverbs 31:10-31)

1. Devotion in Relationships
In the attached printout of Proverbs 31:10-31, underline every reference to relationships and then circle the ones present in your life.
2. Discipline in Work
Place brackets around any references to work done by the Proverbs 31 woman.
Make a list of the work you do both inside and outside your home.
Colossians 3:23
3. Devout in Character
Using a different color of ink, circle the words that describe the Proverbs 31 woman's character.
Place a star by the ones you feel are evident in your life.
Make a list of the areas where you would like to grow.

Lopsided Living is a lifelong journey to living the abundant, full life.

At the end of your life, what will your story be?

Proverbs 31:10-31

10 Who can find a wife of noble character?
She is far more precious than jewels.

11 The heart of her husband trusts in her,
and he will not lack anything good.

12 She rewards him with good, not evil,
all the days of her life.

13 She selects wool and flax
and works with willing hands.

14 She is like the merchant ships,
bringing her food from far away.

15 She rises while it is still night
and provides food for her household
and portions for her female servants.

16 She evaluates a field and buys it;
she plants a vineyard with her earnings.

17 She draws on her strength
and reveals that her arms are strong.

18 She sees that her profits are good,
and her lamp never goes out at night.

19 She extends her hands to the spinning staff,
and her hands hold the spindle.

20 Her hands reach out to the poor,
and she extends her hands to the needy.

21 She is not afraid for her household when it
snows,

for all in her household are doubly clothed.

22 She makes her own bed coverings;
her clothing is fine linen and purple.

23 Her husband is known at the city gates,
where he sits among the elders of the land.

24 She makes and sells linen garments;
she delivers belts to the merchants.

25 Strength and honor are her clothing,
and she can laugh at the time to come.

26 Her mouth speaks wisdom,
and loving instruction is on her tongue.

27 She watches over the activities of her
household
and is never idle.

28 Her children rise up and call her blessed;
her husband also praises her:

29 "Many women have done noble deeds,
but you surpass them all!"

30 Charm is deceptive and beauty is fleeting,
but a woman who fears the Lord will be praised.

31 Give her the reward of her labor,
and let her works praise her at the city gates.

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