

*#girlmoms summer book club*  
**Scripture Reading Plan**  
**Week 1**



I recommend using the **READ\*REFLECT\*RESPOND** Bible study method as you work through this week's passage. Here is a brief summary:

Read —

- Slowly read through the verses a few times. It may also be useful to read the verses aloud or listen to them via YouVersion or another Bible app.
- Make note of words or ideas that stand out, are repeated, or you are unclear about.

Reflect —

- Identify the main idea or focus of the verses.
- Write out a short summary of passage.
- Choose a key word or phrase to help you remember what you have read.

Respond —

- Using what you have read and written, reflect on what you have learned about God and about yourself.
- Pray for wisdom and understanding to apply what you have gleaned in your life.

## Week 1 Suggested Scripture Reading — Psalm 139

Day 1 — Read the whole Psalm

Day 2 — Verses 1 through 6

Day 3 — Verses 7 through 12

Day 4 — Verses 13 through 18

Day 5 — Verses 19 through 24